

ST HELEN'S SCHOOL

OCTOBER NEWSLETTER



Dear Parents,

Thank you to all our parents who were able to attend our Open House last month. We appreciate that you took the time to pray with staff at the commissioning celebration in addition to learning about the various educational opportunities that your child will have this school year.

We also held our Annual Walk-A-Thon this past Wednesday. This event is our major fundraiser for the year. Over the past years we have been able to purchase much up-to-date educational tools and materials for the school's growing needs. Let's continue to make this one the most successful year yet! Pledges will continue to be accepted up until the Thanksgiving Day weekend. Please note that you can donate online using the CHIMP website. It is located on the front page of our school website in blue reading "donate online powered by chimp".

(please ensure that you put your child's full name and grade)

This month our teachers will be preparing our students to celebrate Thanksgiving. We encourage you as a family to pray and help those who need it the most. Celebrating Thanksgiving challenges us to move beyond being thankful to having an active concern for the poor. The poor teach us the true meaning of gratitude. Those who seemingly have nothing can pray as though God has given them everything, that is faith. How can we make other people's Thanksgivings special? Who would benefit from extra attention at Thanksgiving? Give your child the opportunity to name what they are grateful for and to ask God to help the less fortunate.

"Take care of God's creation. But above all, take care of people in need."

~ Pope Francis

Sincerely in Christ,
Waldemar Sambor
Principal





Sep30-Nov8th	FSA's (Gr.4&7)
Oct 1st	Gr. 6 Vaccinations
Oct 2nd	CISVA Track Meet
Oct 4th	Blessing of Pets
Oct 8th	Thanksgiving
Oct 11th	No school
Oct 18th	School Mass 6B
Oct 19th	Enrollment Mass (Gr. 2& 7)
Oct 25th	School Mass 6B
Oct 25th	Family Night
Oct 29nd	Sacrament meeting (Gr.2 & 7—7pm)
Oct 31st	Fall Fiesta

Walkathon

"A Walk Through the Heights"



We are still accepting pledges for our annual walkathon. Our goal is to help the fundraising committee raise at least \$30,000. All proceeds will go towards our Outdoor Education and Fine Arts Programs. We hope that each family will participate in the walk-a-thon to the best of their ability. If each child raise \$100, we will achieve our goal. Thank you for your continued support! [Walkathon 2019](#)

Family Night

Friday October 25th. Doors open at 6:30 pm.

Come join us for a fun-filled family evening! The PAC committee is asking for your help to make the St Helen's Family Night event a big success.



Fall Fiesta

Thursday, October 31st, the children are invited to wear their costumes to school and we would like to remind parents to be sure that these costumes are both **safe and appropriate for a Catholic Elementary School**. In particular, we remind you that, in the interest of safety, **weapons are not allowed in the school**. As usual, **all fireworks are strictly prohibited**.

Primary Assembly will begin at 9:15 am

Intermediate Assembly will begin at 11 am



LATE OR ABSENCE FROM SCHOOL

We ask for your cooperation in notifying the school by **9:00 AM** if your child is going to be late or absent. It is important that your children arrive to school on time so that they begin the day with everyone in their class on time for morning prayer.

Notes are required by the Ministry of Education.

Notes may be sent via email to secretary@shschool.ca or via our [St. Helen's app](#).



Simply go to School info, Absence by Grade, and then fill form and submit.

HOT LUNCH & FOODIE KIDS PROGRAMS

Our Hot Lunch and Foodie Kids programs are successfully up and running. We are asking all parents to please provide forks and spoons for their children going forward.



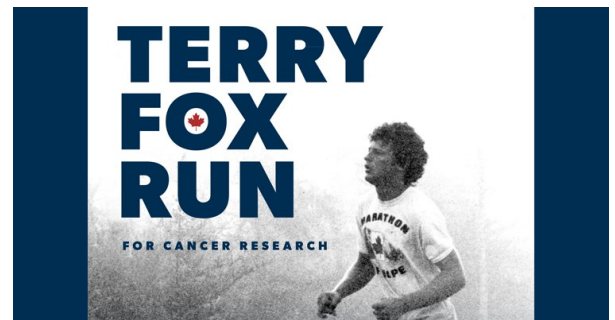
THANK YOU

To all our students and parents for supporting our Annual Book Fair! We sold \$3,046.20 in product!!! Mrs. Erlic

would also like to extend her gratitude to the parent, student, and teacher volunteers who offered their assistance to help make this a successful book fair!



To all students and parents who participated in our Annual Terry Fox Run: thank you for donation to this important cause! [Terry Fox Run 2019](#)





Thank you to Mr. Paul Mobilio
and Mr. Tony Merandi for
putting gaga ball equipment for
our students!

Thank you PSG for providing
funding! We appreciate it.

This year we were lucky enough to have two
principals come all the way from Australia!
We exchanged many teaching ideas to bene-
fit children in the classroom!



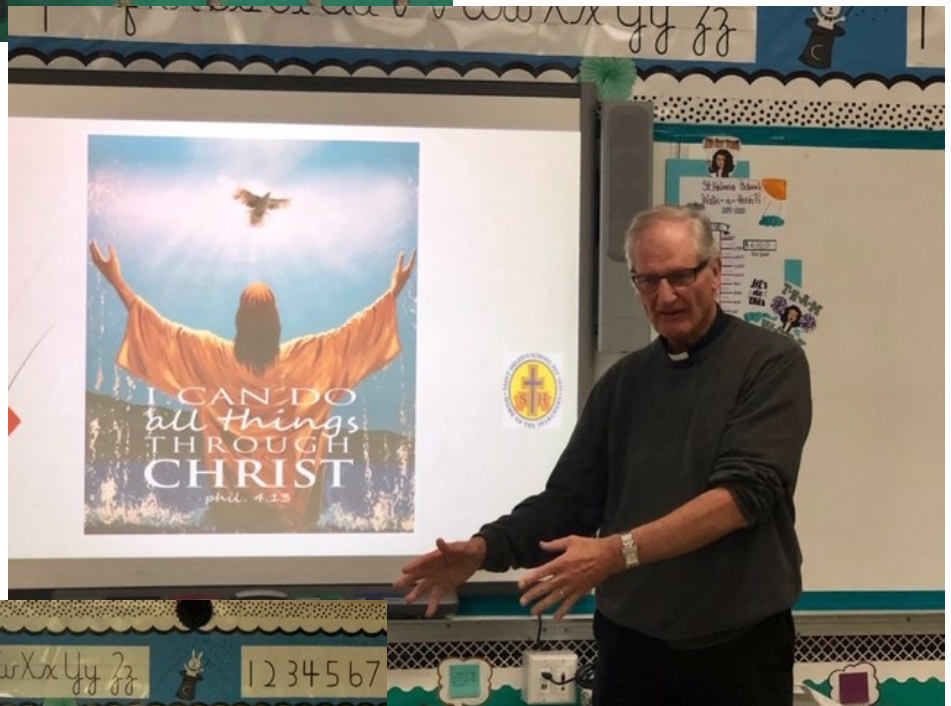


Father Alessandro Lovato presenting Liturgy for St. Helens staff



shutterstock.com • 250937182

Father Larry talks about the importance of priests visits in the classroom



Father Aloysius talks about diversity in the classroom and the challenges we may face



shutterstock.com • 250937158

Let us help those in need. On **October 13th** please bring your food items to the church!



Kindergarten: Children's healthy snacks (granola bars, fruit-to-go)

Grade 1: juice (1L cartons, juice boxes)

Grade 2: pasta sauce, pasta, macaroni & cheese

Grade 3: canned soup, canned vegetables, canned fruit

Grade 4: canned tuna, canned salmon, canned ham

Grade 5: oatmeal, cereal, powdered milk

Grade 6: mashed / scalloped potatoes, stuffing, rice

Grade 7: salt, sugar, soap

*Lord, make me an instrument of your peace,
Where there is hatred, let me sow love; where there is injury, pardon;
For it is in giving that we receive; it is in pardoning that we are pardoned.
~ St. Francis of Assisi*



Searchers *Personal Best*



Grade K

Roman Calderon

Kensington Chung

Ansh Dsouza

Grade 1

Tiago Coehlo

Margaret Van Woerden

Grade 2A

Gavin Kuseler

Mia Bastante

Grade 2B

Sandy Xu

Alexis Ross

Grade 3

Myles Jacobucci

Ella Chung

Nello Bosa

Grade 4A

Nayaana Sodhi

Mason Iorio

Grade 4B

Alexandra Cremona

Monique Guilbart

Grade 5A

Maddex Autcher

Andrea Saligumba

Grade 5B

Ella Ho

Isla Lopez

Grade 6A

Mia Cirotto

Isabelle Elm

Grade 6B

Tereza Erlic

Caleb Parotta

Grade 7A

Lucia Silveri

Marco La Chimea

Grade 7B

Fabrizio Cavasinni

Christopher Torresan



More information about this event TBA soon.

Please mark your calendar. See link below

<https://m.youtube.com/watch?feature=youtu.be&v=BgFKLr8Lotk>

Who Is Rob Galea?

Watch below!

<https://www.youtube.com/watch?v=BgFKLr8Lotk>

Fr. Rob Galea invites you to

LISTEN

"I LOVE BEING A PRIEST. IT IS CLEAR TO ME THAT I AM ABOVE ALL A FOLLOWER OF CHRIST, THEN A PRIEST AND ONLY THEN DOES MY MINISTRY OF MUSIC MAKE SENSE. THE VOCATION OF EVERY ORDAINED PRIEST IS TO BE A MINISTER OF WORD AND SACRAMENT."
- FR. ROB GALEA

Thursday, **November 14, 2019**
St. Helens
Elementary School, 1 pm
Pandora St, Burnaby,
BC V5C 2A6

SPRING Health Centre
604-336-5395
Chiropractic, Chiropractic Physiotherapy, Registered Acupuncture, Traditional Chinese Medicine, Registered Massage Therapy, Personalized Diet Specialist.
Book online thru our website: www.springhealthcentre.com
Reflexology, Bodywork/Reiki, Massage, Medical Acupuncture Laser

Abby Medical LASER CENTRE
2309 McCullum Rd Unit D, Abbotsford, BC V2S 3N7
(604) 557-1208

ODLUM BROWN
Agnes Douglas, CFP, CIM, FCSI
Portfolio Manager, Investment Advisor

Dr. Francisco Velazquez, D.D.S.
Dentist
604.434.4412
2309 McCullum Rd, Unit D, Abbotsford, BC V2S 3N7

McDonald's
3475 St. Johns St, Burnaby, BC V5C 4K9
11407 Burnaby Hwy, Richmond, BC V6X 1A6
1221 Adelaide Hwy, Vancouver, BC V6C 3G3

Bank of America
Kathleen K. Sullivan, CFP®
Financial Advisor
4680 Kingsway, Suite 200, Burnaby, BC V5H 4T2
604.431.1234

THE BARRINGTON CONSULTANCY LTD.
881 12th St., 2nd Floor, Vancouver, BC V6Z 1K6
Phone: 604.681.1234

Bank of America
Financial Advisor
4680 Kingsway, Suite 200, Burnaby, BC V5H 4T2
604.431.1234

THE BARRINGTON CONSULTANCY LTD.
881 12th St., 2nd Floor, Vancouver, BC V6Z 1K6
Phone: 604.681.1234

Family Dentistry
2309 McCullum Rd, Unit D, Abbotsford, BC V2S 3N7
(604) 557-1208

Dr. Meng-ling Hsieh, D.D.S.
Dentist
2117 72 Avenue, Surrey, BC V4A 4G4
Tel: 604.543.7734

SHOPPERS DRUG MART
508 E Hastings St, Burnaby, BC V5B 1S2 Tel. No. 604.291.0638
1410 Parkway Blvd, Coquitlam, BC V3E 3J7, Tel No. 604.468.8878

Japanese Budo
100-101, 100-102, 100-103, 100-104, 100-105, 100-106, 100-107, 100-108, 100-109, 100-110, 100-111, 100-112, 100-113, 100-114, 100-115, 100-116, 100-117, 100-118, 100-119, 100-120, 100-121, 100-122, 100-123, 100-124, 100-125, 100-126, 100-127, 100-128, 100-129, 100-130, 100-131, 100-132, 100-133, 100-134, 100-135, 100-136, 100-137, 100-138, 100-139, 100-140, 100-141, 100-142, 100-143, 100-144, 100-145, 100-146, 100-147, 100-148, 100-149, 100-150, 100-151, 100-152, 100-153, 100-154, 100-155, 100-156, 100-157, 100-158, 100-159, 100-160, 100-161, 100-162, 100-163, 100-164, 100-165, 100-166, 100-167, 100-168, 100-169, 100-170, 100-171, 100-172, 100-173, 100-174, 100-175, 100-176, 100-177, 100-178, 100-179, 100-180, 100-181, 100-182, 100-183, 100-184, 100-185, 100-186, 100-187, 100-188, 100-189, 100-190, 100-191, 100-192, 100-193, 100-194, 100-195, 100-196, 100-197, 100-198, 100-199, 100-200, 100-201, 100-202, 100-203, 100-204, 100-205, 100-206, 100-207, 100-208, 100-209, 100-210, 100-211, 100-212, 100-213, 100-214, 100-215, 100-216, 100-217, 100-218, 100-219, 100-220, 100-221, 100-222, 100-223, 100-224, 100-225, 100-226, 100-227, 100-228, 100-229, 100-230, 100-231, 100-232, 100-233, 100-234, 100-235, 100-236, 100-237, 100-238, 100-239, 100-240, 100-241, 100-242, 100-243, 100-244, 100-245, 100-246, 100-247, 100-248, 100-249, 100-250, 100-251, 100-252, 100-253, 100-254, 100-255, 100-256, 100-257, 100-258, 100-259, 100-260, 100-261, 100-262, 100-263, 100-264, 100-265, 100-266, 100-267, 100-268, 100-269, 100-270, 100-271, 100-272, 100-273, 100-274, 100-275, 100-276, 100-277, 100-278, 100-279, 100-280, 100-281, 100-282, 100-283, 100-284, 100-285, 100-286, 100-287, 100-288, 100-289, 100-290, 100-291, 100-292, 100-293, 100-294, 100-295, 100-296, 100-297, 100-298, 100-299, 100-300, 100-301, 100-302, 100-303, 100-304, 100-305, 100-306, 100-307, 100-308, 100-309, 100-310, 100-311, 100-312, 100-313, 100-314, 100-315, 100-316, 100-317, 100-318, 100-319, 100-320, 100-321, 100-322, 100-323, 100-324, 100-325, 100-326, 100-327, 100-328, 100-329, 100-330, 100-331, 100-332, 100-333, 100-334, 100-335, 100-336, 100-337, 100-338, 100-339, 100-340, 100-341, 100-342, 100-343, 100-344, 100-345, 100-346, 100-347, 100-348, 100-349, 100-350, 100-351, 100-352, 100-353, 100-354, 100-355, 100-356, 100-357, 100-358, 100-359, 100-360, 100-361, 100-362, 100-363, 100-364, 100-365, 100-366, 100-367, 100-368, 100-369, 100-370, 100-371, 100-372, 100-373, 100-374, 100-375, 100-376, 100-377, 100-378, 100-379, 100-380, 100-381, 100-382, 100-383, 100-384, 100-385, 100-386, 100-387, 100-388, 100-389, 100-390, 100-391, 100-392, 100-393, 100-394, 100-395, 100-396, 100-397, 100-398, 100-399, 100-400, 100-401, 100-402, 100-403, 100-404, 100-405, 100-406, 100-407, 100-408, 100-409, 100-410, 100-411, 100-412, 100-413, 100-414, 100-415, 100-416, 100-417, 100-418, 100-419, 100-420, 100-421, 100-422, 100-423, 100-424, 100-425, 100-426, 100-427, 100-428, 100-429, 100-430, 100-431, 100-432, 100-433, 100-434, 100-435, 100-436, 100-437, 100-438, 100-439, 100-440, 100-441, 100-442, 100-443, 100-444, 100-445, 100-446, 100-447, 100-448, 100-449, 100-450, 100-451, 100-452, 100-453, 100-454, 100-455, 100-456, 100-457, 100-458, 100-459, 100-460, 100-461, 100-462, 100-463, 100-464, 100-465, 100-466, 100-467, 100-468, 100-469, 100-470, 100-471, 100-472, 100-473, 100-474, 100-475, 100-476, 100-477, 100-478, 100-479, 100-480, 100-481, 100-482, 100-483, 100-484, 100-485, 100-486, 100-487, 100-488, 100-489, 100-490, 100-491, 100-492, 100-493, 100-494, 100-495, 100-496, 100-497, 100-498, 100-499, 100-500, 100-501, 100-502, 100-503, 100-504, 100-505, 100-506, 100-507, 100-508, 100-509, 100-510, 100-511, 100-512, 100-513, 100-514, 100-515, 100-516, 100-517, 100-518, 100-519, 100-520, 100-521, 100-522, 100-523, 100-524, 100-525, 100-526, 100-527, 100-528, 100-529, 100-530, 100-531, 100-532, 100-533, 100-534, 100-535, 100-536, 100-537, 100-538, 100-539, 100-540, 100-541, 100-542, 100-543, 100-544, 100-545, 100-546, 100-547, 100-548, 100-549, 100-550, 100-551, 100-552, 100-553, 100-554, 100-555, 100-556, 100-557, 100-558, 100-559, 100-560, 100-561, 100-562, 100-563, 100-564, 100-565, 100-566, 100-567, 100-568, 100-569, 100-570, 100-571, 100-572, 100-573, 100-574, 100-575, 100-576, 100-577, 100-578, 100-579, 100-580, 100-581, 100-582, 100-583, 100-584, 100-585, 100-586, 100-587, 100-588, 100-589, 100-590, 100-591, 100-592, 100-593, 100-594, 100-595, 100-596, 100-597, 100-598, 100-599, 100-600, 100-601, 100-602, 100-603, 100-604, 100-605, 100-606, 100-607, 100-608, 100-609, 100-610, 100-611, 100-612, 100-613, 100-614, 100-615, 100-616, 100-617, 100-618, 100-619, 100-620, 100-621, 100-622, 100-623, 100-624, 100-625, 100-626, 100-627, 100-628, 100-629, 100-630, 100-631, 100-632, 100-633, 100-634, 100-635, 100-636, 100-637, 100-638, 100-639, 100-640, 100-641, 100-642, 100-643, 100-644, 100-645, 100-646, 100-647, 100-648, 100-649, 100-650, 100-651, 100-652, 100-653, 100-654, 100-655, 100-656, 100-657, 100-658, 100-659, 100-660, 100-661, 100-662, 100-663, 100-664, 100-665, 100-666, 100-667, 100-668, 100-669, 100-670, 100-671, 100-672, 100-673, 100-674, 100-675, 100-676, 100-677, 100-678, 100-679, 100-680, 100-681, 100-682, 100-683, 100-684, 100-685, 100-686, 100-687, 100-688, 100-689, 100-690, 100-691, 100-692, 100-693, 100-694, 100-695, 100-696, 100-697, 100-698, 100-699, 100-700, 100-701, 100-702, 100-703, 100-704, 100-705, 100-706, 100-707, 100-708, 100-709, 100-710, 100-711, 100-712, 100-713, 100-714, 100-715, 100-716, 100-717, 100-718, 100-719, 100-720, 100-721, 100-722, 100-723, 100-724, 100-725, 100-726, 100-727, 100-728, 100-729, 100-730, 100-731, 100-732, 100-733, 100-734, 100-735, 100-736, 100-737, 100-738, 100-739, 100-740, 100-741, 100-742, 100-743, 100-744, 100-745, 100-746, 100-747, 100-748, 100-749, 100-750, 100-751, 100-752, 100-753, 100-754, 100-755, 100-756, 100-757, 100-758, 100-759, 100-760, 100-761, 100-762, 100-763, 100-764, 100-765, 100-766, 100-767, 100-768, 100-769, 100-770, 100-771, 100-772, 100-773, 100-774, 100-775, 100-776, 100-777, 100-778, 100-779, 100-780, 100-781, 100-782, 100-783, 100-784, 100-785, 100-786, 100-787, 100-788, 100-789, 100-790, 100-791, 100-792, 100-793, 100-794, 100-795, 100-796, 100-797, 100-798, 100-799, 100-800, 100-801, 100-802, 100-803, 100-804, 100-805, 100-806, 100-807, 100-808, 100-809, 100-810, 100-811, 100-812, 100-813, 100-814, 100-815, 100-816, 100-817, 100-818, 100-819, 100-820, 100-821, 100-822, 100-823, 100-824, 100-825, 100-826, 100-827, 100-828, 100-829, 100-830, 100-831, 100-832, 100-833, 100-834, 100-835, 100-836, 100-837, 100-838, 100-839, 100-840, 100-841, 100-842, 100-843, 100-844, 100-845, 100-846, 100-847, 100-848, 100-849, 100-850, 100-851, 100-852, 100-853, 100-854, 100-855, 100-856, 100-857, 100-858, 100-859, 100-860, 100-861, 100-862, 100-863, 100-864, 100-865, 100-866, 100-867, 100-868, 100-869, 100-870, 100-871, 100-872, 100-873, 100-874, 100-875, 100-876, 100-877, 100-878, 100-879, 100-880, 100-881, 100-882, 100-883, 100-884, 100-885, 100-886, 100-887, 100-888, 100-889, 100-890, 100-891, 100-892, 100-893, 100-894, 100-895, 100-896, 100-897, 100-898, 100-899, 100-900, 100-901, 100-902, 100-903, 100-904, 100-905, 100-906, 100-907, 100-908, 100-909, 100-910, 100-911, 100-912, 100-913, 100-914, 100-915, 100-916, 100-917, 100-918, 100-919, 100-920, 100-921, 100-922, 100-923, 100-924, 100-925, 100-926, 100-927, 100-928, 100-929, 100-930, 100-931, 100-932, 100-933, 100-934, 100-935, 100-936, 100-937, 100-938, 100-939, 100-940, 100-941, 100-942, 100-943, 100-944, 100-945, 100-946, 100-947, 100-948, 100-949, 100-950, 100-951, 100-952, 100-953, 100-954, 100-955, 100-956, 100-957, 100-958, 100-959, 100-960, 100-961, 100-962, 100-963, 100-964, 100-965, 100-966, 100-967, 100-968, 100-969, 100-970, 100-971, 100-972, 100-973, 100-974, 100-975, 100-976, 100-977, 100-978, 100-979, 100-980, 100-981, 100-982, 100-983, 100-984, 100-985, 100-986, 100-987, 100-988, 100-989, 100-990, 100-991, 100-992, 100-993, 100-994, 100-995, 100-996, 100-997, 100-998, 100-999, 100-1000, 100-1001, 100-1002, 100-1003, 100-1004, 100-1005, 100-1006, 100-1007, 100-1008, 100-1009, 100-1010, 100-1011, 100-1012, 100-1013, 100-1014, 100-1015, 100-1016, 100-1017, 100-1018, 100-1019, 100-1020, 100-1021, 100-1022, 100-1023, 100-1024, 100-1025, 100-1026, 100-1027, 100-1028, 100-1029, 100-1030, 100-1031, 100-1032, 100-1033, 100-1034, 100-1035, 100-1036, 100-1037, 100-1038, 100-1039, 100-1040, 100-1041, 100-1042, 100-1043, 100-1044, 100-1045, 100-1046, 100-1047, 100-1048, 100-1049, 100-1050, 100-1051, 100-1052, 100-1053, 100-1054, 100-1055, 100-1056, 100-1057, 100-1058, 100-1059, 100-1060, 100-1061, 100-1062, 100-1063, 100-1064, 100-1065, 100-1066, 100-1067, 100-1068, 100-1069, 100-1070, 100-1071, 100-1072, 100-1073, 100-1074, 100-1075, 100-1076, 100-1077, 100-1078, 100-1079, 100-1080, 100-1081, 100-1082, 100-1083, 100-1084, 100-1085, 100-1086, 100-1087, 100-1088, 100-1089, 100-1090, 100-1091, 100-1092, 100-1093, 100-1094, 100-1095, 100-1096, 100-1097, 100-1098, 100-1099, 100-1100, 100-1101, 100-1102, 100-1103, 100-1104, 100-1105, 100-1106, 100-1107, 100-1108, 100-1109, 100-1110, 100-1111, 100-1112, 100-1113, 100-1114, 100-1115, 100-1116, 100-1117, 100-1118, 100-1119, 100-1120, 100-1121, 100-1122, 100-1123, 100-1124, 100-1125, 100-1126, 100-1127, 100-1128, 100-1129, 100-1130, 100-1131, 100-1132, 100-1133, 100-1134, 100-1135, 100-1136, 100-1137, 100-1138, 100-1139, 100-1140, 100-1141, 100-1142, 100-1143, 100-1144, 100-1145, 100-1146, 100-1147, 100-1148, 100-1149, 100-1150, 100-1151, 100-1152, 100-1153, 100-1154, 100-1155, 100-1156, 100-1157, 100-1158, 100-1159, 100-1160, 100-1161, 100-1162, 100-1163, 100-1164, 100-1165, 100-1166, 100-1167, 100-1168, 100-1169, 100-1170, 100-1171, 100-1172, 100-1173, 100-1174, 100-1175, 100-1176, 100-1177, 100-1178, 100-1179, 100-1180, 100-1181, 100-1182, 100-1183, 100-1184, 100-1185, 100-1186, 100-1187, 100-1188, 100-1189, 100-1190, 100-1191, 100-1192, 100-1193, 100-1194, 100-1195, 100-1196, 100-1197, 100-1198, 100-1199, 100-1200, 100-1201, 100-1202, 100-1203, 100-1204, 100-1205, 100-1206, 100-1207, 100-1208, 100-1209, 100-1210, 100-1211, 100-1212, 100-1213, 100-1214, 100-1215, 100-1216, 100-1217, 100-1218, 100-1219, 100-1220, 100-1221, 100-1222, 100-1223, 100-1224, 100-1225, 100-1226, 100-1227, 100-1228, 100-1229, 100-1230, 100-1231, 100-1232, 100-1233, 100-1234, 100-1235, 100-1236, 100-1237, 100-1238, 100-1239, 100-1240, 100-1241, 100-1242, 100-1243, 100-1244, 100-1245, 100-1246, 100-1247, 100-1248, 100-1249, 100-1250, 100-1251, 100-1252, 100-1253, 100-1254, 100-1255, 100-1256, 100-1257, 100-1258, 100-1259, 100-1260, 100-1261, 100-1262, 100-1263, 100-1264, 100-1265, 100-1266, 100-1267, 100-1268, 100-1269, 100-1270, 100-1271, 100-1272, 100-1273, 100-1274, 100-1275, 100-1276, 100-1277, 100-1278, 100-1279, 100-1280, 100-1281, 100-1282, 100-1283, 100-1284, 100-1285, 100-1286, 100-1287, 100-1288, 100-1289, 100-1290, 100-1291, 100-1292, 100-1293, 100-1294, 100-1295, 100-1296, 100-1297, 100-12



St. Helen's School

3894 Triumph Street

Burnaby, BC

V5C 1Y7

Tele-
phone: 604.299.2234

Fax: 604.299.3565

Email: office.shel@cisva.bc.ca

Website: www.sthelensschool.ca

Facebook: St. Helen's School

